

menu

wellness spa





We want to look after you throughout your journey with us. From treatments in the Wellness spa to meditation, relaxing music and exercise workouts on board our aircraft. Look out for our wellness symbols for products and content that are beneficial to your mental or physical wellness.

At the wellness spa we care about you and the environment which is why we chose to partner with companies that are:

- Clean** free from known harmful chemicals
- Green** sustainably sourced products and environmentally friendly
- Natural** use naturally derived ingredients

Dr. Hauschka



de Mamiel

skin care

Express			
Radiant You facial	10 mins	Complimentary* \$22	3000 miles

Cleanse, support and nourish the skin helping to restore natural radiance.

Radiant You facial	25 mins	\$49	7000 miles
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A customised facial focusing on your skins specific needs. Includes skin consultation, cleanse, gentle exfoliation, mask and rhythmical décolleté massage.

de Mamiel

Annee de Mamiel is a leading authority on high performance natural skincare. Her work has been praised by beauty insiders and featured in some of the world's most revered beauty and lifestyle publications. Each product is meticulously handmade to ensure purity and performance, immersing the senses for a truly holistic result.

Unwind	10 mins	Complimentary* \$22	3000 miles
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A chance to let go and begin to unwind, this treatment works on the head, face and legs releasing the tension we hold. Altitude oil is used for protection, a dewy facial mist for hydration, along with a selection of sleep blends to prepare you for the journey ahead.

Rest Easy**	25 mins	\$49	7000 miles
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A whole body treatment designed to prepare you for a long journey with restful sleep. Altitude oil and a sleep blend oil of your choice, is used for inhalation and pressure points on the face and body, followed by gentle stretches on the legs with a deep facial cleanse and hydrating mask, preparing the skin and body for travel.

hands & feet

Wellness hand treatment	10 mins	Complimentary* \$22	3000 miles
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Relax the senses whilst nourishing and nurturing your hands. Includes an oil infused compress, gentle exfoliation and soothing hand massage.

Hot stone foot and leg treatment**	25 mins	\$49	7000 miles
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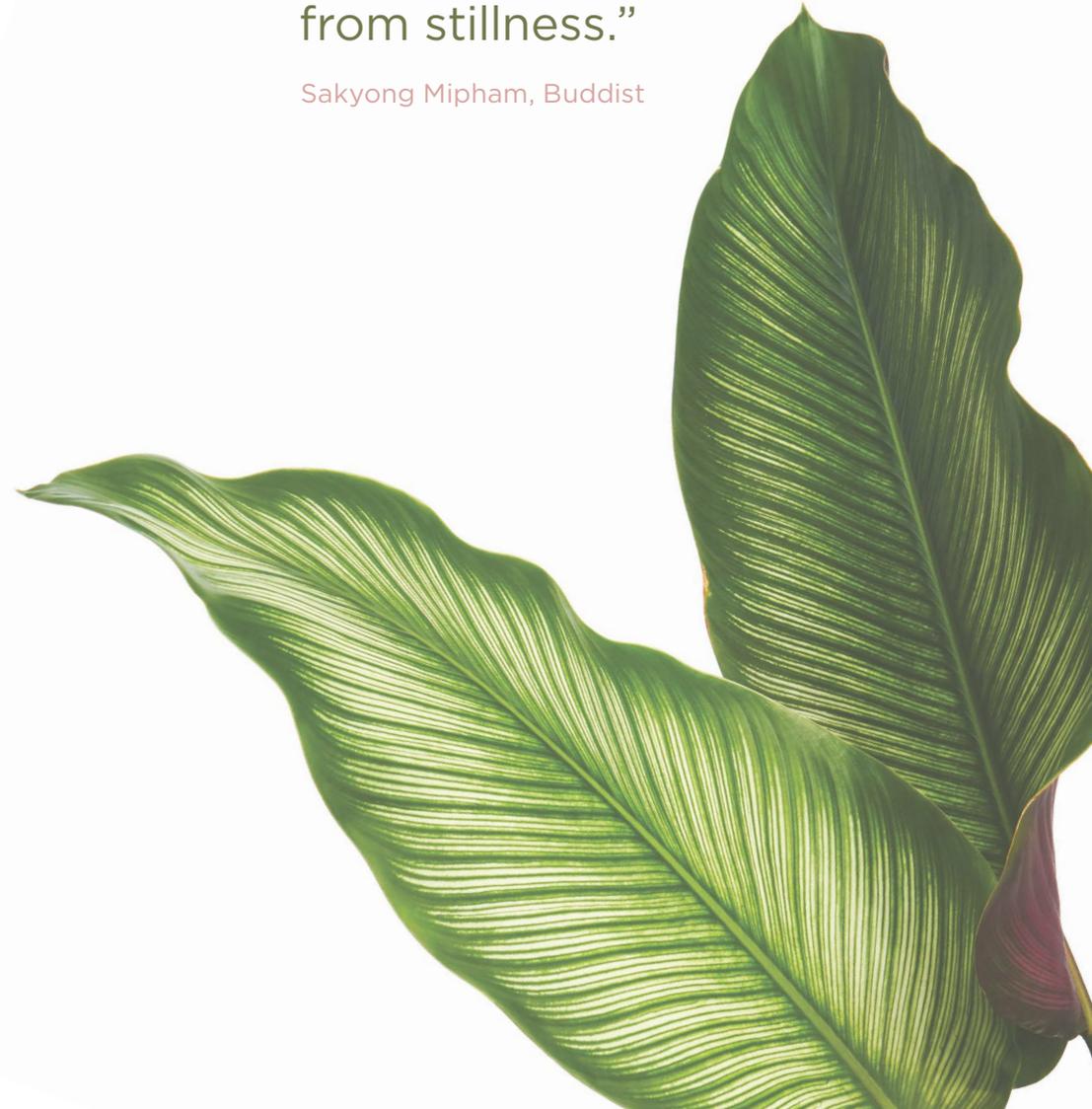
A massage using hot volcanic basalt stones, allowing your therapist to work deeper into the muscles, releasing and relaxing areas of tension in the foot and leg, whilst helping to calm the mind with your choice of natural essential oil blends to enhance your experience.

Thai foot treatment**	25 mins	\$49	7000 miles
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Your whole body will feel rebalanced by the gentle application of traditional Thai wooden massage sticks applied to specific pressure points on your feet. With a soothing massage and invigorating stretches to release tension on tired, aching feet.

“The body benefits from movement and the mind benefits from stillness.”

Sakyong Mipham, Buddhist



body & soul

Head massage **10 mins** **\$22** **3000 miles**

Deep massage around the head, scalp and neck to ease tension headaches, whilst allowing your mind some peace and calm.

Seated back, neck and shoulder treatment** **10|25 mins** **\$22|\$44** **3000|6000 miles**

This massage is a combination of hands and hot stones massage performed over clothes on a massage chair. Working on specific trigger points around your back, neck, scalp and shoulders to relieve tension and relax muscles.

Therapeutic oil back massage** **25 mins** **\$49** **7000 miles**

You'll choose a blend of natural, essential oils to enhance this therapeutic massage which targets areas of tension in the shoulders, lower back and neck, helping to relieve stresses put on the body from our daily lives.

Dr Hauschka hot stone back treatment** **25 mins** **\$49** **7000 miles**

Using a combination of hands on massage and hot volcanic basalt stones, this treatment warms the muscles, relaxes and destresses the body while calming the mind, using your choice of Dr. Hauschka natural body oils to enhance the treatments benefits.

Complimentary treatments are available for Virgin Atlantic and Delta Air Lines® only. Only one complimentary treatment per person per visit to the spa. **A charge of \$22 will be applied to these treatments if taken as an additional service.**

**Not suitable for children under the age of 16, all other services are suitable for children between the ages of 12-16 if accompanied by an adult.

Treatments are not guaranteed and shall be booked on a first come first serve basis.

Payment by debit/credit card or miles only.

A sales tax of 4.5% will be charged for all spa services.

A sales tax of 8.875% will be charged for all retail products.

Health & Safety and Data Security

All treatments are carried out subject to completion of a medical consultation form. Some health conditions may prevent you having your chosen service. If you have any concerns please advise prior to making your booking.

All personal information taken from or discussed with clients during any consultations or treatments will be kept in the strictest confidence.

Wellness Spa opening hours:

London Heathrow 6.30am – 10.00pm

London Gatwick 7.00am – 12.30pm

New York JFK 3.00pm – 9.45pm

